GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

GOOD NEWS FOR HOMEMAKERS

ARE THERE YOUNG "EXPLORERS" IN YOUR HOME?

Safety Precautions Help Prevent Accidents

Homes contain many products and equipment that are a necessary and everyday part of living. A young child does not recognize the difference between one liquid and another or a glass versus a metal cup. So, it becomes the responsibility of an adult to make a home as safe as possible, and still encourage a youngster's curiosity.

Generally, the room with the most tempting array of potential dangers is the kitchen. It is a fascinating area for discovery, especially for ages up to six years. Cabinets under the sink, shelves and drawers within easy reach, closets with all kinds of bottles, boxes and jars invite a child to sample or play with the contents.

It is easy to say "keep household chemicals and medicines locked up; store sharp objects out of reach of young children." Putting this advice into practice takes thoughtful planning. To lock up everything is impossible, but it makes sense to reorganize available space and set up "off limits" areas for non-food items.

There are two techniques involved. Arrange the kitchen with safety in mind and develop safety habits for preparing, serving and cleaning up.

The following precautionary measures are recommended:

Arrange drawers and cabinets for safe storage. Sharp or pointed objects, glass or other breakables, household cleaners and other non-food items — matches, lighters, toothpicks — should be stored in cabinets and drawers above a child's reach. Also, articles having small removable parts, plastic film and bags, storage cartons with serrated edges. Place such edibles as nuts, popcorn, small hard candies in tightly closed containers, preferably in upper wall cabinets. Young children may not chew such foods properly; choking could result. Step stools or boxes present an opportunity for a child to climb to areas above his or her reach; be sure to keep these stored away.

Carefully read directions, special instructions and warnings on packages and containers of household cleaning products. Federal law requires that product labels must list all hazardous substances. In some instances, words such as "Danger", "Warning," "Caution" or "Poison" will be on the label. The antidote is always printed on a package which holds a poisonous substance.

Never transfer a product from its original container. Not only will the label be lost, but the substitute container may be mistakenly identified. Potentially hazardous or poisonous products should not be stored with food or in cups or bowls that children associate with eating and drinking!

Keep substances that can be harmful if swallowed, inhaled or spilled on skin or in eyes in above-the counter cabinets. Included are cleaning products such as bleach, ammonia, washing soda and detergents. Others are drain, toilet bowl and oven cleaners, cleaning fluids, insecticides, plant sprays mothballs, polishes, liquid fuel, and some cosmetics.

Store medications, including aspirin and vitamins well out of reach. Be sure containers have safety tops whenever possible. Never give a child the idea that medicines or vitamins are "candy". **Call them medicines.**

Put medicine and household chemicals away immediately after use. Never leave containers opened and unattended, if you are interrupted to answer the door or phone. Take either the product or the child along. Use equal care in discarding empty or nearly empty containers. Place in a tightly covered receptacle.

Be aware and practice good working habits. Turn pot handles towards the center of the range. Do not leave the oven door open. Check before opening any door. A child may be nearby and little fingers can get caught on the hinged side of a door. Keep small appliances away from counter edge and disconnect after use. Try to keep youngsters away from appliances that are in operation

Keep cords well out of a child's reach. Tugging could pull over an appliance on the child. Chewing the cord will damage it; shock may occur, if the cord is plugged in.

Cover electrical outlets not in use with plastic caps available in hardware stores.

When cooking and serving meals, it is best to have a toddler safely in playpen, walker or high chair. The most important consideration is to keep a child away from the range, refrigerator or sink, to prevent spattering grease or tripping and spilling something on the youngster. Place hot food or liquid away from the edge of a table or counter. Placemats are an alternative for tablecloths. A cloth can be pulled to bring food and breakables tumbling down.

A clean kitchen is a safer kitchen for everyone. A frequently washed floor is less likely to have slippery spots from grease and spills. Clean and dry countertops prevent dishes from slipping off and breaking. Dishes and cooking utensils washed promptly, tightly wrapped and stored food and clean appliances, countertops and cabinets discourage insects. This way, pest killers need not be used where a child can get residue on hands and from there into the mouth.

It is a good idea to reserve a low drawer, shelf or cabinet in which to keep safe items, such as plastic cups and bowls, a wooden spoon. Eventually, a youngster is eager to "help" and old enough to manage simple tasks under supervision. Take time to instruct a child in safety as he or she moves along from folding napkins, setting the table, washing plastic bowls to finally using kitchen tools and breakables.

Many of these suggestions are applicable in any room of a home. And, there are others. A child should not be left unattended in a bathroom, bathtub or swimming pool. A garage or tool shed is another area where chemicals, sharp tools and mechanical devices are stored. Consider rearranging these areas. Some house or garden plants and shrubs are known to be harmful. For instance, Iris, Poinsettia can cause Dermatitis and skin rashes. Others such as Holly Hyacinth, Ivy(English) Mistletoe, Philodendron can be harmful when eaten. Check with a physician or Poison Control Center about the varieties you own.

As long as there are tots about & shelves, drawers or cabinets to explore, an adult is responsible. There is no better time than the present to reorganize storage and work conditions for a safer home environment.

Receipe Of The Week

Number of Servings – 8

2 chickens (large fryers)
1/2 c. margarine (melted)
2 c. dry bread crumbs
3/4 c. Parmesan cheese
1/4 c. parsley
1 clove garlic or garlic salt
2 teaspoon salt
Pepper

Combine bread crumbs, cheese, parsley, garlic, salt and pepper; mix well. Cut large fryers in serving sized pieces. Dip pieces into margarine, then into crumb mixture. Place in a long flat, uncovered baking pan or broiler pan. If any is left over, the crumb mixture is good on top of the chickens. Bake one hour at 350 F.

Rev. James Williams

REVIVAL SERVICES AT RED OAK BAPTIST CHURCH

Revival services will be held at Red Oak Baptist Church at Oakville each evening at 7:45 p.m. beginning Monday, Oct. 4, and continuing through Friday, Oct. 8. Rev. James Williams, pastor of Liberty Chapel and Gladstone Baptist Churches, will be the guest evangelist.

Special music for the week will include Mt. Comfort Choir on Monday night; The Fellowship Four and Jackie; Tuesday night, Liberty Chapel Choir; Wednesday night, Betty Rhodenizer on Thursday night and a group from New Hope Church on Friday night.

The pastor, Rev. G. E. Hughes, and the congregation of the church extend a cordial invitation to the public to attend these services.

MEETING SET OF THE WOMEN OF THE APPOMATTOX BAPTIST ASSOCIATION

The Fall Group I Meeting of the Baptist Women's Missionary Union of the Appomattox Baptist Association will meet on October 6 at 10:30 a.m. at Central Baptist Church. Each Baptist woman who attends is asked to bring a covered dish.

A special guest, Mrs. Harold E. Hurst of Panama, one of our missionaries will be attending.

Each person who is a member of the Baptist Women's organization from the following churches is expected to be present on this day: Bethpeor, Central, Elon, Evergreen, Glenn Memorial, Hollywood, Rocks and Spring Creek. Any other persons interested in attending the meeting are invited to attend. The meeting will adjourn at lunch time.

TV Appearances Scheduled To Promote Historic Appomattox Railroad Festival

Mrs. Carolyn Thompson, Claudia Gordon, 1976 Festival Co-Chairmen, and Mrs. Patti Booker, President of the Appomattox Junior Woman's Club will appear on the **FARM & HOME SHOW**, Channel 13, on Saturday, October 2nd, at 8:00 a.m. along with Mrs. Shirley Walton, VPI extension agent, serving as hostess for the show. The **FARM & HOME SHOW** is conducted by extension agents throughout surrounding areas.

These ladies will be promoting the upcoming fourth annual festival to be held on October 16th and 17th with slide presentations of past festivals and a general outline of the special activities planned. Also, Mrs. Booker will display a collection of crafts made by members of the Main Street Station Arts and Crafts Co-op that will be exhibited and sold during the festival.

In order to draw rail fans from the Roanoke area, headquarters of the Norfolk and Western Railway Company Mrs. Thompson and Mrs. Booker will appear on **PANORAMA** Channel 7 at 1:00 P.M. on Wednesday, October 13th.

During August, Mrs. Thompson was interviewed by WSLQ Radio Station in Roanoke for promotion of the festival. At this time, a filming was made by WLVA channel 13 News of the special trains sponsored by the Roanoke Chapter NRHS that will be displayed during the festival.

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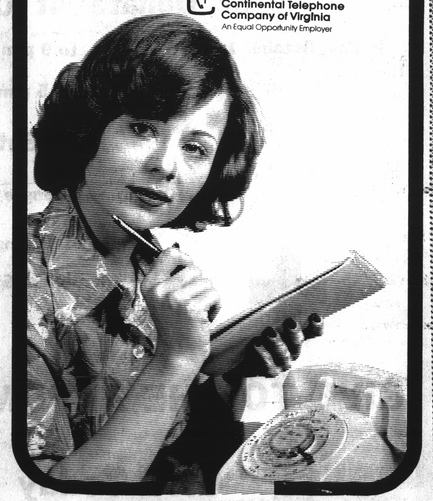

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Graduation Requirements

Students should choose electives carefully, considering interest, aptitudes, and vocational-academic plans.

PROMOTION-

To be promoted from one grade to another requires a minimum number of units at the end of each school year.

8th Grade Classification	
9th Grade Claffication	3 units
10th Grade Claffication	8 units
11th Grade Class.	13 units
12th Grade Class.	18 units
Graduation	23 units

Grading Philosophy & Marking System

In any type of teaching-learning situation, some type of evaluation must be made to understand and report the progress of students.

A - Shows unusual interest in subject. Goes beyond the required work and results indicate independent study. 95-100.

B - Does commendable work. Shows ability for accepting responsibility and working independently. 87-94.

C - Does the work required of him with a satisfactory degree of accuracy. 77-86

D - Not performing satisfactorily, but shows sufficient progress for passing. 65-76

F - Has failed to pass class requirements. 64 apd below

I - Work incomplete due to extenuating circumstances

W - Student withdrew or was withdrawn from class.

Teachers use a varity of ways to measure student progress: daily classwork, projects, homework, and tests. Constructive class discussion, desire to learn, initiative and capability are also important factors when determining a grade.

Grading Periods & Exams

At the end of each six-weeks, unit tests will be given to be averaged into the six-weeks grade of the student. At the end of the three six-weeks marking period a one hour exam will be given covering the highlights of the first three six-weeks material covered.

The same procedure will be used the second three six-weeks semester of the school year.

At the end of the school year each teacher will have six grades given at the end of each marking period plus a mid-semester and year-end exam. *The two exam grades will be averaged. The first grade will be derived by adding each six-weeks grade plus the exam average and dividing this total by seven (7).

Final Grade derived by:
1st 6 weeks
2nd 6 weeks
3rd 6 weeks
4th 6 weeks
5th 6 weeks
6th 6 weeks
Exam Average from 1st — 2nd Semesters

Total Divided by 7

Course Changes

We hope you will be pleased with your schedule for this year. If you feel that your schedule needs to be changed, you should first bring a signed recommendation from your parents or guardian, your teacher, and guidance counselor to the principal or assistant principal. The change will be considered in light of your future educaitonal - vocational plans, class sizes, total schedule, etc. After the first two weeks very few, if any, schedule changes will be made.

Ye Olde County Fair Set For Oct. 1 & 2

October 1 and 2 are the times for Ye Olde County Fair in Rustburg at the Middle School. The fair, sponsored by the Bicentennial Celebrations Committee and the Extension Service of VPI and SU, provides an opportunity for county citizens to show their work for the past year.

There is a tremendous variety of opportunity for exhibit at the fair. In the agronomy division will be tobacco, small grain and forage crops. The horticultural section includes all the garden vegetables, a vegetable market, and the biggest pumpkin—also flowers and flower arrangements.

Farm mechanics and eggs and honey complete that area of the fair.

The home economics division includes canned fruits and vegetables, pickles and relishes, jams, jellies, and preserves. There will be baked goods—breads, cakes, pies, candies, and cookies. Also home sewing which includes all kinds of clothing, accessories, knit and crocheted wear and bicentennial outfits.

The range of classes in the area of arts, crafts, home furnishings and hobbies goes from sculpture to Christmas crafts to hooked rugs to rock collections.

Any local group or organization may have a display promoting that club or organization.

Any organization or club is invited to take an active part in our County Fair by entering a "Food Booth" to raise money for their group and to help in the promotion of the Bicentennial. The booth must be symbolic in decor of the Bicentennial and contained within a 4 x 8 x 6 space. The workers should wear dress in keeping with the Bicentennial theme.

Also any organization or individual is invited to demonstrate and/or sell any phase of Folk Art such as molasses making, cider making, basket weaving, rug making, wood carving, etc. Booths and dress should conform to the folk lore theme.

Additional information about the fair may be secured by contacting one of co-chairmen, Allen Hunter, Extension Office; Annie Cardwell.

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SAVE $2.03 Boys Denim Jackets • Front Snap • Scherpa lined • Sizes 8-18 SUPER PRICE $8.94 OUR EVERYDAY LOW PRICE $10.97
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SAVE $3.03 Mens PVC Jackets • Assorted Styles & Colors • Leather-Look Plastic Vinyl • Sizes S-M-L-XL SUPER PRICE $10.94 OUR EVERYDAY LOW PRICE $13.97
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